

Ely and Caerau Children's Centre



Community Groups



MONDAY

Messy Mondays!

9:30am—11am
0—4 years

Get messy with us with our sensory activities. Learning through exploration and curiosity using water, sand, mud, foam, paint and gloop.

TUESDAY

Gym Tots / Dancing

9:30am—10:30am
1-4 years

From soft play to singing, your child will enjoy meeting new friends developing their physical and social skills. Join us to dance, play and have fun!

Clwb Babi

Flying Start
9:30am—11am
0-11 months

Come along and make new friends, meet new parents and have fun together exploring sensory play, rhymes, singing and treasure baskets.

Coffee & Company

1pm - 2:30pm

Join us with, or without your child for some warm refreshments, snacks and a catch up. Relax in our cosy cafe and chat away!

WEDNESDAY

Baby Massage

9:30am—10:30am

Learn basic massage techniques with us in a warm nurturing environment. Suitable for babies under 6 months old. Booking is essential please call the Centre on 02920 671421

Lunch & Play

11am - 1pm

Come along for a free lunch and enjoy making friends in our pop up play cafe!

THURSDAY

Language a Chwarae

9:30am - 11am

Learning through sensory play, rhymes and stories. This group is full of exciting activities for children!

Grwp Un

Inclusion Team
1:15pm—2:30pm

For families with children with additional need. Pop along to play, chat, and meet families.

Phone for more information 02920 872717

FRIDAY

Dan Y Coed

9:30am—11am
1-4 years

During the warmer months we will be offering outdoors groups in our 'Dan y Coed' garden! As the weather gets colder we will be running indoor, nature based groups. Whatever the weather, join us for some fun, nature activities!

SATURDAY

Dad's Club

9:30am—11am
0-5 years

An opportunity for Dads and children to have fun together without having to tidy up the mess at home! Water, sand, cooking and clay activities.



More about our groups!

Our groups are open to all families, living in the Ely and Caerau area with children aged 5 and under to enjoy our different play sessions throughout the week.

Our groups operate TERM TIME ONLY. We may offer groups during the school holidays that will be advertised additionally!

We look forward to welcoming you and your child for fun, exciting activities and a chance to meet new families! If you have any questions, please call the Centre on 02920 671421.

All sessions held at the Ely and Caerau Children's Centre:
Michaelston Road
CF5 4SX

